

**Carolann's Career Porfolio at-a-glance**  
**Based on my past successes and future dreams**

I, Carolann Hodgson believe that my present purpose in life is to

- Help others recognize their unique gifts/ positive qualities
- Help them improve their life balance and lifelong goals
- Contribute to the wellness of my family, community, and the environment



<b>Primary \$\$\$</b>	Counsellor and Teacher
<b>Secondary \$\$\$</b>	Fitness & Health Instruction and workshops
<b>Volunteer \$\$\$</b>	Community fitness instruction, human services; non-prof it organizations, and environmental concerns.
<b>Lifelong Learning</b>	Focused Psychology and teaching education, holistic health, fitness, nutrition and wellness workshops, reading, mentorship, self-guided research.

**Education**

**Master of Arts Counselling Psychology-2011**  
 -Yorkville University, Fredericton NB  
**Bachelor of Education-2001**  
 -University of Alberta, Edmonton AB  
**Bachelor of Arts-1991**  
 -Concordia University, Montreal QC